

I hereby declare _____ (name) that my participation in this event is free of its own responsibility and responsibility.

I am aware that no liability is assumed for accidents or injuries and resulting damage caused by improper use of the safety equipment or violations of the general terms and conditions. Participation is at your own risk. I have taken note of and accepted the rules of use and conditions of the Hürtgenwald high ropes course.

I confirm that I am mentally and physically normally resilient or will contact the instructor if there are special indications. I myself determine the intensity and extent of my physical activity.

Please tick the indication:	yes	no
Cardiovascular diseases limit physical stress (e.g. heart valve defects, heart attack, blood pressure problems, etc.)		
Uncured injuries to the musculoskeletal system (ligament ruptures, dislocations, strains, muscle injuries...)		
Operations that limit physical stress		
Chronic diseases that limit physical stress		
Allergies to substances that occur in the wild (e.g. bee stings)		
Infectious disease within the last 14 days limit physical stress		
Fever within the past week		
Alcohol/drug intake that restricts participation		
Pregnancy (no participation possible)		
Other things		
Last name, first name of the participant:		
adress:		
Tel./e-mail		
Place, date signature (In the case of minor legal guardians)		